

A SINGLE-BLIND STUDY OF THE EFFECTIVENESS AND SAFETY OF IONIZED FIBERS BASED ON THE EXAMPLE OF 20 PATIENTS WITH CHRONIC OSTEOARTHRITIS AND CHRONIC FATIGUE SYNDROM (CFS)

The study was carried out at the BodyMed Institute in Beckingen, Germany from November 18, 2005 through March 1, 2006. Medical Director: Dr. Dienhart-Schneider.

THE STUDY DESIGN:

- 20 patients with the aforementioned indications and of varying ages ranging from 13 to 64 were examined for admittance to the study.
- This examination consisted of the patient's past medical history, a physical examination, samples for key laboratory parameters, an electrocardiogram (ECG), and measurement of the patient's energy flux pathways (referred to as meridians) based on Traditional Chinese Medicine (TCM).
- The Korean TCM apparatus was utilized for these measurements, as it generates a chart of the 12 main meridians immediately following the measurement.
- The patients were then informed about the objective of the study, that is, to determine the effectiveness of textiles, as described above, on the human body.
- The patients then each received an ionized mattress underlay to be used for a 4-week period; patients were not told which underlay they were receiving.
- Following the 4-week usage period, a check was performed which repeated the initial examination steps; patients were then told to take a one-week break.
- Patients were then given the non-ionized product to be used for 4 weeks, whereby the test subjects were not aware that this product was made of non-ionized fibers. Thereafter, a final medical examination, consisting of the same tests as previously, was performed.

It was necessary to conduct the research as a blind study to enable the detection of possible placebo effects and to prevent the investigator's influencing the test subjects.

After 4 weeks, the first trends could be identified:

- ✓ Energy levels improved for 16 patients, or 80% of test subjects.
- ✓ Back and skeletal ailments decreased for 11 patients, or 55% of test subjects.
- ✓ Stabilization of psychological ailments such as nervousness and hyperactivity in 11 patients, or 55% of test subjects.
- ✓ Improved sleep quality (uninterrupted sleep, fewer nightly trips to the bathroom, not feeling as cold at night) for 6 patients, or 30% of test subjects.
- ✓ Improved inflammation parameters in the blood of 3 patients, or 15% of test subjects.

- ✓ EKGs detected a normalization of hyperkinetic arrhythmia in 3 patients, or 15% of test subjects.
- ✓

After a one week break followed by a 4-week period on a non-ionized mat, the situation is as follows:

- ✓ The energy levels of 14 patients, or 70% of test subjects, fell dramatically (subjective assessment of test subjects and TCM diagram results).
- ✓ For 6 patients, or 30% of test subjects, the back pain returned, 4 patients (or 20% of test subjects) saw a return of their nervous ailments, 5 patients (or 25% of test subjects) had a significant decrease in sleep quality.

SUMMARY OF THE STUDY:

To summarize, it can be said that the use of ionized fibers in a mattress underlay significantly improves aforementioned ailments. A healing effect can be assumed with respect to energy levels as well as chronic pain. Additionally, in individual cases, there is laboratory evidence for a possible improvement in inflammatory parameters, and in milder, psychovegetatively triggered cases of arrhythmia there is electrographic evidence of a possible regression. Therefore, I find the product can be recommended for health-promoting uses.

AN ATTEMPT TO EXPLAIN HOW IT WORKS

Until now, it was generally accepted that the body's processes, healing processes and the effect of drugs are solely based on chemical processes and can only be explained within this framework. In homeopathy however, a sub-sector of medicine has distanced itself from the previous way of thinking and is taking new approaches. In clinical trials (C. Smith, Department of Electronic Engineering, University of Salford England, for example, it has been shown that sensitive patients:

- are capable of triggering and then re-neutralizing allergic symptoms by technically generating electromagnetic frequencies.
- In further trials, these triggering and neutralizing frequencies were transferred to water bottles that were then handed to the patients.
- The resulting symptoms were the same. This means the human body is able to store electromagnetic frequencies, which may have an effect on the body.
- In the meantime, the ability of water to store information has been proven in numerous studies.
- Body water has a pronounced dipole structure and forms cluster structures of 300 to 400 molecules, at body temperature it has an elevated ability to store electromagnetic frequencies.
- This storing ability is supported by the oxygen-hydrogen-bridge's bond.

- They also facilitate a very differentiated and long-term retention of electromagnetic frequency patterns.
- Hydrogen has a relatively positive charge; oxygen's charge is relatively negative. It is a physical – and not a chemical - reaction.
- Water must therefore possess a type of memory.

SUMMARY:

- The storage of frequency patterns can only be explained in a quantum-mechanical sense.
- The substance's effect is predominately energetic-informational and is based on the storage capabilities of the water molecules, which have a dipole structure.
- The transferring of frequencies within and to the organism is therefore possible, as body water molecules also have a dipole structure that can be stimulated using electromagnetic resonances.

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